



This is a list for your convenience. VFN does not endorse any particular groups.

# Support Groups in Vermont

Do you want to start a support group in your community?

Call us at 1-800-800-4005-ext. 201 for more information or check out our website at [www.vermontfamilynetwork.org](http://www.vermontfamilynetwork.org)

Name of Group	Area	Contact Person	Phone or E-mail
Addison County KIN (Kin Information Network)	Addison County & Surrounding Areas	Sandi Yandow	802-759-2263 <a href="mailto:syandow@yahoo.com">syandow@yahoo.com</a>
Adoptive Parents of Challenging Children: A forum for parents to share experiences, learn about new resources and get support.	Lamoille County Area	Julie LaMare	802- 888-4576
		Barb Consentino	802-223-4744
Approaching Autism with Advocacy, Recovery & Education (AAWARE)	Washington, Orange, Caledonia, Orleans & Essex Counties	Claudia Pringles	802-229-4665 <a href="mailto:cpringles@aaware.org">cpringles@aaware.org</a>
Autism Support Daily	All counties in Vermont	Laurie Mumley	985-8773 <a href="http://www.autismsupportdaily.com">www.autismsupportdaily.com</a>
Burlington Kin Group	Chittenden County	Linda C. Deliduka	802-864-5114 <a href="mailto:Linda@deliduka.com">Linda@deliduka.com</a>
Cancer Parent Support Group	All counties in Vermont	Alex Thomsen, Ph.D	847-0023 <a href="http://alexandra.thomsen@vtmednet.org">alexandra.thomsen@vtmednet.org</a>
Cerebral Palsy	Chittenden County <i>All are welcome</i>	Valerie Wood-Lewis	589-0049 <a href="mailto:Valerie@burlingtontelecom.net">Valerie@burlingtontelecom.net</a>
Chittenden Families Together (For families who have a transitional youth or adult with developmental disabilities- federal definition)	Chittenden County	Jan Hancock	1-800-800-4005-ext. 215 <a href="mailto:jan.hancock@vtfn.org">jan.hancock@vtfn.org</a>
Down Right Unique Circle of Friends	All counties in Vermont	Brian & Michelle Gagne	879-2835 <a href="mailto:MichelleDGagne@aol.com">MichelleDGagne@aol.com</a>
Down Right Special of Rutland County	Rutland County	Fred Wortman	773-7343 <a href="mailto:fwortman@verizon.net">fwortman@verizon.net</a>
Down Syndrome Support Group	Chittenden County & Neighboring Communities	Lisa Denatale	802-658-7802 <a href="mailto:lisadenatale@yahoo.com">lisadenatale@yahoo.com</a>
Exceptional Parents of Exceptional Children (EPEC) Parent's Support Group	Rutland	Heidi Wener	802-345-5006 <a href="mailto:greeneyes71ish@yahoo.com">greeneyes71ish@yahoo.com</a>
		Jon	802-779-3024
Franklin/Grand Isle Families Together (For families who have a transitional youth or adult with developmental disabilities- federal definition)	Franklin & Grand Isle Counties	Betty Morse	1-800-800-4005-ext. 201 <a href="mailto:betty.morse@vtfn.org">betty.morse@vtfn.org</a>
		Nicole Burnell	802-393-6642 <a href="mailto:Nicole.burnell@ncssinc.org">Nicole.burnell@ncssinc.org</a>
		Cindy Sequin	802- 524-7951 <a href="mailto:cindy.sequin@ahs.state.vt.us">cindy.sequin@ahs.state.vt.us</a>
Franklin/Grand Isle K.I.N.	Franklin & Grand Isle Counties	Starr	802-285-2102 <a href="mailto:sbullis@kinshipcarekids.com">sbullis@kinshipcarekids.com</a>
		Helen S.	<a href="mailto:hshortvt@comcast.net">hshortvt@comcast.net</a>

<b>Grandparents Raising Their Grandchildren</b>	Montpelier, Waterbury Woodbury & Barre	Evelyn Sawyer	476-1480-ext. 377 <a href="mailto:evelyns@wcmhs.org">evelyns@wcmhs.org</a>
<b>Grandparents as Parents</b>	Milton and surrounding communities	Charlotte Parot	893-3726 <a href="mailto:cparot@miltonfamilycenter.org">cparot@miltonfamilycenter.org</a>
<b>Grandparents 'N Kin Raising "GRAND" Kids</b>	Newport and surrounding communities	Angela Blais	802 334 8055
<b>Grandparents Together</b>	St. Johnsbury and surrounding communities	Chris Morey	802-892-6176
		Rose Aldrich	802-748-3181 ext. 1172
<b>Kinship and Foster Care Support Group</b>	Brattleboro and surrounding communities	David	802-254-3742
<b>Lamoille Valley Kin As Parents</b>	Morrisville/Lamoille County	Cecile Languerand	802-888-5229 ext. 135
<b>Mom's Night Out! Support Group</b> (For mothers of children with special needs - all are welcome!)	Franklin/Grand Isle Counties	Betty Morse	1-800-800-4005-ext. 201 <a href="mailto:betty.morse@vtfn.org">betty.morse@vtfn.org</a>
<b>Northeast Kingdom Families Together</b> (For families who have a transitional youth or adult with developmental disabilities- federal definition)	All counties in the Northeast Kingdom	Lori Christopher	873-4576 <a href="mailto:lori.Christopher@vtfn.org">lori.Christopher@vtfn.org</a>
<b>Our Kids ARE Special</b>	Bennington County	John Dooling	802-375-6360 <a href="mailto:jaydooling@myfairpoint.net">jaydooling@myfairpoint.net</a>
<b>Parent Bereavement Support Group</b>	All Counties in Vermont	Monica Ploof	802-847-2361
<b>Parent Support Group</b> (For parents of school aged children)	Northeast Kingdom	Lori Christopher	873-4576 <a href="mailto:lorichristopher358@gmail.com">lorichristopher358@gmail.com</a>
<b>Parents Supporting Our Children</b> (For parents of youth and adult children with Autism and Developmental Disabilities)	Bennington	Wendy & Dave Ballou	802-447-5716
<b>Sibshops</b>	Chittenden County Participants from other regions are welcome!	Joanne Wechsler	800-800-4005 x 217
<b>Shadows of the Moon</b> A support group for families and individuals living with Autism Spectrum Disorder (ASD)	Franklin, Grand Isle, surrounding counties and Canadian townships	Cheryl	802-868-3658
		Laura	802-849-2817 <a href="mailto:mlaweber@surfglobal.net">mlaweber@surfglobal.net</a>
<b>Shelburne Special Education Parents Group</b>	Shelburne	Valerie Richardson	985-8626
		Michelle Evans	985-8536
		Elizabeth Flynn	985-5727
<b>The Indigo Child Support Group</b>	Upper Valley (White River Junction, Hanover, Lebanon, Woodstock, Sharon)	Tammy Stanwood	457-3409
		Hilde Hyde	763-8581

<b>Very Important Brothers &amp; Sisters (VIBS)</b> A support group for school age children who have experienced a sibling loss	All Counties in Vermont (Meets at the Children's Specialty Center @ FAHC)	Jenny Eddy, CCLS	802-847-4526
		Melissa Whalen, CCLS	802-847-9663
		Penny DeGoosh, MSW	802-847-2371
<b>Washington County Parents of Challenging Children:</b> Support group for adoptive parents of children presenting serious emotional and behavioral challenges	Washington County	Kristi Lenart	802-223-4744
<b>Windham Families Together</b> (For families who have a transitional youth or adult with developmental disabilities-federal definition)	Windham County	Barbara Lee	802-257-4853 <a href="mailto:bkimd@sover.net">bkimd@sover.net</a>
<b>Windsor Families Together</b> (For families who have a transitional youth or adult with developmental disabilities-federal definition)	Windsor County	Erin O'Hearne	802-296-7175 <a href="mailto:malemo@aol.com">malemo@aol.com</a>
<b>Williams Syndrome</b>	All Counties in VT	Cheryl Kingsbury	802-496-4690

Updated 5/10